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Kuriakose Elias Chavara could not be viewed just a priest or a religious missionary, but was in fact much beyond these dictums and was far ahead of his times imbibing a spirit of metamorphosis, an ardent desire to bring about a volcanic transformation of a society deeply rooted in all sorts of evils and stigmas. Even long before the advent of Chattambi swamikal or Sree Narayana Guru in the domain of social reformation, Rev. Fr. Kuriakose Elias paved the path of a holistic social revolution propounding Radical thoughts which was then an anathema to the society.

Kuriakose Elias Chavara was psychologically pledged towards bringing an end to the most vicious evil rampant in Kerala namely untouchability, which was creating divisiveness in the social strata. He was hell-bent on bringing the untouchables to the mainstream and give them the due Recognition which was a privilege enjoyed by very few then.

He started a Sanskrit School which was open to all and it was the first step he taken to demolish the evil of untouchability.

Most of the social thinkers or Policy researchers were oblivious to the fact that it was Kuriakose Elias Chavara who first introduced the system of Free Noon Meals, clothing and study materials and women empowerment by educating girls and destitute home for poor at Kainakari. To reach the poorest of the poor students, to motivate and synergize them in pursuing studies which subsequently paved the road map towards their upliftment and also proved to be successful in overcoming the social stigma attached to their lives.

In St. Kuriakose Elias Chavara one finds a combination of multiple traits. A true Social Reformer, an Educationist to the core, a professional Manager in the true sense of the term, and a prudent financial planner, all combined in one.

The congregation named CMI was established in 1831 has presently its activities in 35 countries encompassing myriad professionally Managed Educational institutions, Health care centres, Social service organizations, Pastoral work mission stations and several publishing houses.

As path followers of St.Chavara, CEVA also initiated developmental programmes such as Women Empowerment, Child Development, support to Poor and Marginalized and Educational Support programmes.
Cyriac Elias Voluntary Association (CEVA) is a registered Voluntary Organization established in 1987 by a group of socially committed CMI’s with the objective of promoting programmes and projects to improve the quality of life of the marginalized.

CEVA the term itself underscores the fact that it always upholds the motto of Development and Progress of the marginalized section of the society regardless of caste, creed, colour or religion.

CEVA entering the threshold of the 30th year of its meritorious, relentless, philanthropic pursuits aimed solely at the welfare and upliftment of the economically weaker sections of the society has several milestones to its credit, namely Empowerment Based Child Rights Programme for Children and their Social Environment (CRiPSE), arranging a common platform for the senior citizens called Pranamam to interact constructively, share their thoughts, problems and arrive at solutions, besides launching Bhupalana, a novel project aimed at cultivating a string of toxic free, organic vegetables for ensuring a healthy lifestyle.

CEVA has also been successful in initiating Integrated Community Development Project (ICDP) which includes Empowerment of Women through SHG, Health care, Educational Support and a multitude of other Income Generation Programmes such as Chendamelam, Pancharaml, Food Processing Unit, Tailoring Unit, Drinking water Supply unit etc which have been progressing well.

Needless to point out that all the projects have exclusively the stamp and signature of CEVA and the indelible impression of its relentless pursuit for the welfare of the poor and the untiring efforts taken for bringing the neglected sections into the mainstream of the society.

The theme of CEVA that is “Involve, Evolve and Sustain” has always remained exceptionally tall and would continue to be so forever.
I am incredibly glad to deliver my message in the Annual Report coinciding with the 30th Anniversary of CEVA. In this connection I take extreme pride & liberty in underscoring the selfless, seamless and the yeoman service delivered by CEVA during the three bygone decades towards uplifting the lives of the down trodden holding high the lofty traditional values & inspirations enshrined in the gospels of Christianity.

Some of the most noteworthy activities that needs special mention is the CRIPSE (Empowerment based child rights programme), Pranamam, Bhupalana, ICDP, Santwanam etc. In this regard I wish to convey my gratitude to CEVA for their efforts to syncretise the Socio-economic Developmental activities for the progress of the economically weaker section with their lofty & towering ideals of “INVOLVE, EVOLVE,& SUSTAIN “ as reflected in the manifesto that all the more synergizes CEVAS stupendous efforts towards this direction.

I take this opportunity to offer my Best Wishes to all Benefactors and those striving for the CEVA for their sacrifices & selfless toil aimed at caring for the uncared.

Rev. Fr. Paul Achandy CMI
Patron, CEVA
From the DESK…

CEVA has been relentlessly carrying out the mission of Jesus, inspired and motivated by its Heavenly Patron, St. Kuriakose Elias Chavara, for the past twenty nine years. It is entering the 30th year of its existence. True to its name, it has always been faithful to its Heavenly Patron’s mission of glorifying God by transforming human beings into fully human.

This report will tell us that CEVA has been always innovative in launching projects and programs for enhancing the quality of children, youth, elders, families and society. While doing good, CEVA was always keeping in mind the thrust of the CMI Congregation: “Commitment to the Poor and the Marginalized” in spite of the various challenges it had to face in the past three years.

From 2014 January onwards, CEVA was delinked from the KKS, Germany. It also experienced unexpected change and replacement of its staff. With the help of God and through the powerful intercession of its staff, with the leadership of Fr. Jince Padinjareyil CMI, could face all these challenges and proceed with new vigor and enthusiasm.

Now CEVA is facing another serious challenge: Fr. Jince, the young and vibrant secretary cum treasurer, is bidding farewell to CEVA. It is disappointing for CEVA, and very personally for me. Relying on God we go ahead and hope to get a new secretary for CEVA soon.

On this occasion I do congratulate Fr. Jince for his able, farsighted and professionally competent leadership and wish him all the best in his new assignment. Dear Fr. Jince, thanks a lot for everything. Thank you for bringing out this beautiful report. All of us would be missing you very badly. Kindly continue to be part of CEVA in all possible ways also in future.

May this report be an inspiration to all who read it for imbibing the spirit of St. Kuriakose Elias Chavara who wanted to see the transformation of human beings into fully human, especially the poor and the marginalized.

I take this opportunity to thank all the benefactors of CEVA. May the good Lord bless them abundantly with His choicest blessings!

Fr. Varghese Vithayathil CMI
Moderator, CEVA

I am extremely glad to acknowledge with pride that CEVA has been successful in crossing several milestones in its quest for excellence during the last 30 years and raised its flag of commitment towards the uplift of the marginalized groups of society. CEVA in its relentless efforts for excellence, progress and wellbeing of the economically weaker sections of the society piloted several dream projects and was highly successful in taking concrete and positive actions on its core strategy of “INVOLVE< EVOLVE< SUSTAIN> advocated in the year 2015-2016.

CEVA could acclaim with pride an array of activities initiated by them such as CRIPSE (Empowerment based child rights programme) Pranamam, Bhupalana, ICDP etc which truly substantiates the Dictum CEVA has been which always heard the voice of the unheard, and reached the unreach. All the social activities were solidly founded on the principles of LOVE, EQUALITY & JUSTICE with the help of which we have been able to build a strong edifice.

It is with a sense of great enthusiasm & happiness that I wish to place on record the fact that CEVA has always epitomized Metamorphosis, change for the better and each year CEVA exhibited a higher degree of positive societal changes towards the overall and Holistic well being of the weaker sections in the social stratum enkindling a ray of hope for an effervescent Tomorrow.

I take this opportunity to convey my sincere gratitude to all our benefactors and the dedicated staff of CEVA who have put in their best efforts to keep the flag of CEVA fligh high.

Dr. Mary Venus Joseph
President, CEVA
It is a memorable and rejoicable occasion for the CEVA family to proudly state that it has successfully entered into the threshold of the 31st year of its existence having to its credit a wide range of successful activities in the realm of social commitment and development for the marginalized section of the society always committed to upholding the intrinsic values for which CEVA was constituted in the year 1987 (30 yrs before).

CEVA has to its credit almost 250 major projects & 900 minor projects through which it has been able to target around seventy five thousand beneficiaries involving a huge expenditure of six hundred crores. CEVA could look back with pride having accomplished the basic tenets for which it had been established such as animation and coordination of the social action of CMI congregation, coordination and promotion of several developmental projects aiming the poorest of the poor in the country, collecting and documenting various developmental and welfare programmes of government and also making them available for those who need them and functioning as link between funding agencies and NGOs by conducting pre-funding assessment, coordinating projects and conducting evaluations.

CEVA has identified itself with the poor through its innumerable philanthropic activities and always stood with the marginalized in times of need and despair, upholding the values our founder and mentor St. Kuriakose Elias Chavara held close to his heart.

With Best Wishes

Rev. Fr. Jose Thachil CMI
Vice-President, CEVA

Rev Fr Jince padinjareyil
Secretary, CEVA

Coinciding with the release of the Annual Report 2016-2017 and the 30th Anniversary of CEVA I am happy to state that CEVA has been always successful in translating the motto of "INVOLVE- EVOLVE – SUSTAIN into concrete actions through sustained and sincere social developmental initiatives aiming the financially backward class among the community and thereby ensuring their progress and Development.

In its pursuit of Developmental changes CEVA has been able to tread a long way during the last three decades with its total commitment to the society through the unstinted and benevolent support from both the Benefactors and the wholehearted service from its committed staff.

In this context, it is extremely gratifying to note that the progressive and longstanding initiatives of CEVA in the socio-economic environment encompassing the poorer sections of society have created a positive impact and has been able to dispel the gloom and despair which had overshadowed the community.

With Best Wishes

Rev. Fr. Jose Thachil CMI
Vice-President, CEVA
BOARD OF DIRECTORS

President
Dr. Mary Venus Joseph
Dean & Administrator, RCSS

Moderator
Rev. Fr. Varghese Vithayathil CMI
Vicar General & General councilor, CMI

Vice president
Rev. Fr. Jose Thachil CMI
Superior, St. Joseph Monastery, Karikkamuri

Secretary Cum Treasurer
Rev. Fr. Jince Padinjareyil CMI
Secretary cum Treasurer, CEVA

BOARD MEMBERS

Mr. George Kadankkavil
Fr. Biju Thekkekutt
Mr. Ignatius P J
Fr. John Thalachira
Mr. G Antony
Fr. Joy Vattoly
Fr. Mathew Kiriyanthan
Fr. George Palachuvattil
Fr. John Vazhapilly
Mrs. Rose Thomas
Sr. Annie Kurian FCC
OUR TEAM

Rev Fr. Jince Padinjareyil CMI Secretary
Mrs. Sheeba Benny Administrator Cum Accountant
Mr. Sinoj P Xavier Project Co-ordinator
Ms. Reenu Maria Joseph Project Officer
Mr. Abhijith Lal Project Officer
Mr. K.P Narayanan Co-ordinator, Reporting & Documentation
Mr. Anto K I Office Assistant
Ms. Sarojini Office Assistant
CEVA gives importance to the integral development and protection of children from abuse, exploitation, neglect and violence. The holistic development programme of CEVA gives importance to care and support for the children and to make them vigilant about the problems around them and to handle them in a healthier way.

Gems of CEVA is the children’s group of CEVA through which 30 children are directly benefited through different programmes organized by CEVA. We are giving maximum exposure to the children to develop themselves and to make them socially committed and useful citizens.

- Personality development programmes,
- Communication development through English coaching,
- Life skill development,
- Social sensitization programmes
- Educational support.
CEVA attaches great importance for the safety and progress of children through various child welfare programmes. Closely related to this, is the holistic summer programme flagged off by CEVA with the support of NGO’s that is exclusively focused on various child development programmes.

The Theme of the year is “Safe children Safe India” and has been successful in taking forward the theme through various activities and welfare programmes.

- Protection against child abuses
- Protection against substance abuses
- Media & Cyber Crime
- Child Rights & duties
- Environment protection
- Health & life style
- Sharing hand towards unrelated siblings
- Outing
- Visits
- District Get-together

**Best Campers Meet**

A three days state level Best Campers meet was held at Vattavada which primarily focused on the personality Development of children through theatre & other Arts. Around 50 children from within the state participated.
CEVAs motto “Involve Evolve & Sustain” forms the foundation stone, the offshoots of which take shape in the forms of various related activities preached and practiced by CEVA. The above motto forms the pet theme of CEVA and the backbone of all direct interventions of yesteryears as well as the current year and would also reshape the programmes in future.

Empowerment Based Child Rights Programme for Children and Their Social Environment termed as CRiPSE is one such offshoot of the basic motto.

CRiPSE is a project envisaged with the objective of empowering children for attainment of their legitimate rights, magnify the skill of teacher community towards creating a better, positive and far reaching educational environment aimed
at the progress of the physical and psychological needs of the children, training parents towards better parenting skills and simultaneously mobilize society for protection of children. The major constituents of the project are;
Counselling

This is the basis for all the activities initiated for the child protection in Idukki. Through counselling we got information about the situation of children in the family, school and community. On the basis of information through counselling all other programmes were planned and executed. In the last two years we could reach out to 14302 children in the project schools by giving solid support to them to overcome problems, stress and helped to share their happiness in life. We have very strong resource team including clinical psychologists, professional social workers and well trained counselors under this project who are solely committed to serve the children for their empowerment and enrichment.

Change Agent Team (CAT)

We have 22 Change Agent Team (CAT) schools with 1016 enthusiastic and energetic students who are the protectors of children in schools. They conducted several programmes like awareness classes on the basis of day observations, coordinated various charitable activities with the support of other students in the schools, engaged in eco conservation activities like recycling of plastic, plastic free campus, waste management etc. CAT act as liaison between counsellor and students and they are the guardians of schools.

Formation of Child Protection Policy

Based on the problems revealed through counseling we had several discussions with the students, teachers and the parents for effective formulation of child protection policies to prevent frequent reporting of similar cases again in the school. The policy gives the provision to children to raise voice against violation of their rights without any hassle and worry and the committee is responsible to deal the complaint and to take necessary action if the complaint is genuine.
SAMBHUYA 2017

A CAT Get together

CEVA conducted a “child abuse, drug abuse prevention campaign” at Murickassery bringing together Children from 22 Schools of the CRiPSE Project. Mr. RishiRaj Sing IPS, State Excise Commissioner inaugurated the function. The aim of the programme was to create awareness among the children about the drug abuse and its hazard. Rev. Msgr.James Mangalassery presided over the function. Rev.Fr.Varghese Vithayathil CMI, Vicar General and Moderator of CEVA was the chief guest and delivered keynote address. Mr.Joshy, State Community Mobilization Head, Kerala Suchitwa Mission conducted awareness class for the Children. Around 300 Children Participated in the Programme.
Integrated Community Development Project

Integrated Community Development project (ICDP) is solely aimed at the holistic development and welfare of the community through various progressive measures such as Education, Livelihood promotion programmes, value added training programmes among children, Health awareness camps etc. The programmes initiated with the support of Christ University, Centre for Social Action (CSA), Bangalore.

The other focus areas include;

♦ Women Empowerment
♦ Food processing unit at Kainakiri- Chavara Food Processing unit
♦ Tailoring unit – Chavara tailoring unit
♦ Youth Development through vocational Trainings
♦ Health & awareness camps include Cancer detection & life style disease detection camps
♦ Sustainable Agriculture development programmes
♦ Udaya Chenda - Shingari Melam Group
“Udaya Chendamelam helped me to earn money while doing my Graduation income earned from chendamelam used for my academic purposes and this made me self reliant.” - Mari

“I was Part of Udaya Band and I am very much interested in instrumental arts but the life situation was not favorable to follow my interest but Udaya Chendamelam gave me an opportunity to achieve my dream with income.” - Sudha

“We are getting average 10 performance in a month through which we are able to get additional regular income. The income from chendamelam helps me to overcome the financial struggles and money sharks, also it help to increase my saving skill.” - Sajini

Chendamelam members, very recently had the rare privilege of being honoured by the prestigious Christ University Bangalore when they were invited for staging a performance in connection with Gracias 2016 an event organized by Christ University, CSA and sponsored by the students of Christ University Bangalore. In fact this programme turned to be an opportunity and pride to showcase their talents and to win the heart of a large, vibrant, art loving students of Christ University.
A novel initiative from CEVA, (bringing together the elderly especially those belonging to economically weaker section of society residing in and around Ernakulam, by attending to their daily needs and requirements) was launched in 2014 coinciding with the International Day of the Elderly.

The objective of the initiative was to establish and share a common platform where the elderly congregate and indulge in constructive and meaningful interaction on various issues, thoughts and at the same time could give expressions to their aspirations.

Presently Pranamam consists of 65 senior citizens; Group meetings are held alternate Thursdays which provides an opportunity for them to lay bare the issues concerning health and related financial difficulties.

To overcome these difficulties, CEVA initiated need-based Treatment support and medicines to the elders. Special attention is also extended to those from poor financial background by providing food and nutritional kits and also periodically coordinating and conducting Awareness classes, arranging inspirational talks to keep them agile and to adopt a positive outlook towards ageing.

Apart from the above initiatives informative entertainment programmes and festivities are also undertaken by CEVA for Pranamam group members.
EYE CAMP

Eye camp was conducted in collaboration with Little Flower Hospital Angamaly on June 15, 2016, coinciding with the international day against elderly abuse awareness.

Health and Happiness Programmes

CEVA focused on happiness and well-being through conduct of several awareness camps in yoga, exercises and engaged elderly citizens in group exercises towards improvement of their health standards.

LEISURE TRIPS

CEVA creates happiness in elderly persons through outing and leisure activities. This year we have taken them to Malyattur, Kalady Shankaracharya Math and Sameeksha, trip organized with games and other recreational activities. CEVA through these enterprising ventures has been successful in moving closer to the elderly who were hitherto denied love, care and attention.

CEVA avails the services of Vayomithram project for the physical wellbeing of Pranamam members through regular free medical checkups and Medicines.

Lifestyle disease Detection Camp
CEVA arranged a lifestyle detection camp in consonance with Community Development Project (ICDP) on July 18, 2016 at CEVA Bahvan Karikkamuri which included diabetic, Bp, Cholesterol ECG tests etc.
Bhupalana, a novel venture, initiated by the elderly group of CEVA consisting of 50 elderly parents, aimed at cultivating poison free vegetables or organic vegetables (on half an acre land at a prime location in Kochi suited for a healthy lifestyle), was inaugurated by Mararikulam Grama Panchayat President Adv. D Priyesh on 6th Jan 2015.

Age was not a determining factor or a stumbling block for this elderly group in their drive towards cultivation of Toxic free vegetables meant for healthy living so as to ensure a better standard of life. They turned out to be Role models for the society by identifying themselves with Mother Earth and engaged in cultivating toxic free vegetables such as Bananas, Cabbage, Cauliflower, ladies finger, spinach, tomato, green chilly etc by regularly watering & nurturing them twice a day.

The produces of the vegetable farm is now much sought after by the local residents as it turned out to be a final remedy for them from consuming the poisonous vegetables affecting their health.
“Caught in the cobweb of aging process and idling time at home, we presumed ourselves to be unfit for any job or profession. But the pranamam initiative of CEVA helped us to open a new chapter in our lives, a road map to engage in activities that contributed to our physical and emotional well being as well as for the betterment of the society.”  
– Gracy Francis

“This enthusiastic initiative of CEVA helped a great deal in tiding over the stress and isolation experienced by us and also gained by availing leisure hours for productive purposes beneficial to the society.”  
– Ponnamma Vasu

“This successful enterprise of the senior citizens conveys a clear message and a clarion call to the younger generation to alienate themselves from their inhibitions and adopt a down to earth approach, using their leisure hours by engaging in agricultural activities and be a role model and a torch bearer for the upcoming generations to help them adopt a positive approach and build a better tomorrow and a chain of healthier and happier generations.”  
– Radha Babu
UNITED WAY WORLD WIDE
Community Development Project
CEVA in association with Air Products initiated several community developmental projects in the 15th ward of Puthencruz Grama panchayath. The projects aim at a holistic development, progress and well being of the community of the ward. Under the projects we have initiated the following.
♦ Health Insurance Coverage
♦ Medical Camps

HEALTH INSURANCE PROGRAMME
We have provided personal accident policy coverage of one lakh and Universal Health Insurance Policy coverage of Rupees Thirty thousand. 343 households and 1344 family members were insured through Health Insurance scheme.

Medical Camps
CEVA organized medical camp on lifestyle disease detection for the community members with the support of Sunrise Hospital, Kakkanad. Checkups for cholesterol, diabetics, blood pressure were conducted during the camp. CEVA has proposed to initiate more innovative programmes such as sustainable waste disposal programme, Drinking water supply and women empowerment programmes.
YUVA is a group of teenagers formed by CEVA aimed towards bringing about a radical transformation in their personality by engaging them in various social developmental activities such as voluntary services to the NGOs, destitute homes etc., and make them responsible citizens of future who could contribute towards the overall development and well being of the marginalized section of the community.
The term Santhwanam signifies a novel and a noble initiative from CEVA targeting HIV/AIDS infected and affected families in Kerala. The main objective of the project is to combat HIV/AIDS patients by conscientizing the society about its cause and effects. Since its inception in May 2010, CEVA has been successfully assisting and caring more than 200 children directly and many more through other likeminded organizations focusing mainly in Ernakulam and Thrissur Districts. Better home, Medical and treatment assistance, health and nutritional supplements, income generation activities, marriage assistance are provided to them.

OASIS
10 family members are directly benefiting through this programme. We have formed group of family members of chronically ill patients in Ernakulam District. They all are assisted with Treatment support, Educational Support, Income Generation Programmes, Counselling, Awareness Programmes, money saving programmes, Leisure trips and Celebrations.

Moulding Future Social Workers

It is necessary that we need very committed socially sensitized social workers to provide better service to the society especially for the poor and marginalized. CEVA pledged to provide maximum exposure to student social workers through Community outreach programmes, Social work research, Reporting & Documentation and Project Proposal Trainings. We have networking with 12 social work colleges in Kerala and these colleges are regularly sending their students to CEVA for their internships programme and those who are performing well during their field work days will be appointed as voluntary staff with stipend.
International Day Against Elderly Abuse
HEPATITIS DAY
**Child Sponsorship programme**

Let's educate the Children for a better tomorrow:

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**SI Mode of Support**

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Mode of Payment: [ ] Cash / [ ] Cheque / [ ] A/C Transfer

Comments

Signature:

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“Alone we can do so little; together we can do so much”

Helen Keller

Thank you Benefactors for helping us serve the humanity.
Get Involved

“No one has ever becomes poor by giving”
—Anne Frank

Here’s an opportunity for you to contribute to the noble ventures of CEVA. Be a hero by making the dreams of our unfortunate brethren a reality.

Kindly make your contributions to:
Cyriac Elias Voluntary Association
Catholic Syrian Bank, Valanjamalam Branch,
A/c #:0098-00574566-190001,
Branch Code – CSBK0000098.

You can also send your cheques to the Postal Address;
The Secretary,
Cyriac Elias Voluntary Association (CEVA),
CEVA Bhavan, Karikkamuri, Cochin – 682011.

(All contributions to CEVA are tax exempted under 80 G).

“A Single act of kindness can make tremendous impact on the lives of many”
CEVA
CYRIAC ELIAS VOLUNTARY ASSOCIATION

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